



<https://www.trollhaugenalberta.com/>

Newsletter - January 2025

Please forward this to anyone you think might be interested. We are in the process of updating our mailing list - please confirm with your friends and family that they are receiving these newsletters. Contact trollhaugencamp@gmail.com if you need to be added to the list.

Dean Kelly Memorial Award - Dean's family and Trollhaugen camp will be presenting one group E camper with a monetary award each year. Additional details will be provided once they have been finalized.

Messages from the Board - Happy Holidays!

Attention Trollhaugen families! There is a Culture Scholarship for camp sponsorship up to \$500 to cover camp registration. **They must be a Sons of Norway member for at least 6 months prior to the application deadline which is the end of March.**

Lodge's are always looking for new members. Children are free on a parent's membership until they reach 18.

For more information:
Karen Larson, Zone 4 Director
Sons of Norway - District 4
403 358-4036
litlenorski@telus.net

Several **Sons of Norway** lodges are closing due to declining membership. Trollhaugen relies heavily on support from these lodges. Please consider **joining** your local Sons of Norway lodge (if you are not already). Please also encourage others to do the same!

Trollhaugen Language, Arts and Culture Camp is the last remaining **Norwegian culture camp** left in District 4. Thank you for the support you have provided to Trollhaugen to ensure the camp remains strong and continues to support the Boards aim of sharing Norwegian language, arts, and culture with families and friends in Alberta and beyond. ***We look forward to your continued support.***

Is there someone whose heritage is ***Sokndal kommune***? In Calgary we received 7 volumes detailing the history of the area, from gård (farm) number 1 to number 70. Lots of photos, black and white and in colour. Norwegian text. The family of the previous owner is donating this valuable treasure.

"Free to a good home" as the saying goes. Pick up in Calgary or pay for shipping.

Alison Wiigs
403-283-1299

CASINO

TROLLHAUGEN'S Casino dates are February 4 and 5, 2025

Please contact our Casino Coordinator Jen Whalen if you are able to volunteer on either or both of these dates. jen@trollhaugenalberta.com

SAVE THE DATE - Camp will be August 10 to 16th, 2025.

Camp 2025 Theme - Norse Mythology

Guess what - Viking Vinland will be returning to Camp 2025!

We are working to find additional guest instructors - stay tuned!

Camp 2024 Fundraising Highlights

50/50 Raffle - \$1,280 (*so \$640 to the winner and then \$508.18 after rafflebox fees*)

Butikk Sales - \$2,631.00

Silent Auction - \$2,818.00

Thank you to everyone who supported and donated!

Camp 2024 - VIKINGS!

Thank you to everyone who supported Camp 2024, campers, visitors, staff and volunteers - together we made the best of our week together.

Tablet Weaving



Ethnic cooking



Norsk



Rosemaling



Wood working



Chip Carving and Spoon Carving



Leatherworking



Viking wire weave (Viking Knit)



Swedish Weaving



Vikings Vinland - Story telling, songs, battles







Nalbinding



Trollhaugen Butikk

Did you know that our Tollhaugen Butikk is available for **DONATIONS** and **CONSIGNMENT SALES**? The consignment fees have been reduced from 30% to 20%. If you are interested, please contact trollhaugencamp@gmail.com.



 **MERCH ALERT!!!** 

Online sales for merchandise are still available.

To order and make arrangements for pick up/shipping, please email Jenn at slettedej@gmail.com.

Adult Sizes Prices:

Hoodies \$55

T-Shirts \$30

Youth Sizes Prices:

Hoodies \$35

T-Shirts \$20

Must send an E-transfer to confirm your order to slettedej@gmail.com

Put the size, colour & design in the message box.



YOUTH HOODIES
JERRZEE 996Y

	BODY LENGTH	CHEST WIDTH
SMALL	19	15
MED	22	17
LARGE	25	19
XL	28	20

COLOR: ROYAL

YOUTH HOODIES
JERRZEE 996Y

	BODY LENGTH	CHEST WIDTH
SMALL	19	15
MED	22	17
LARGE	25	19

COLOR: ROYAL

COLOR: BLACK



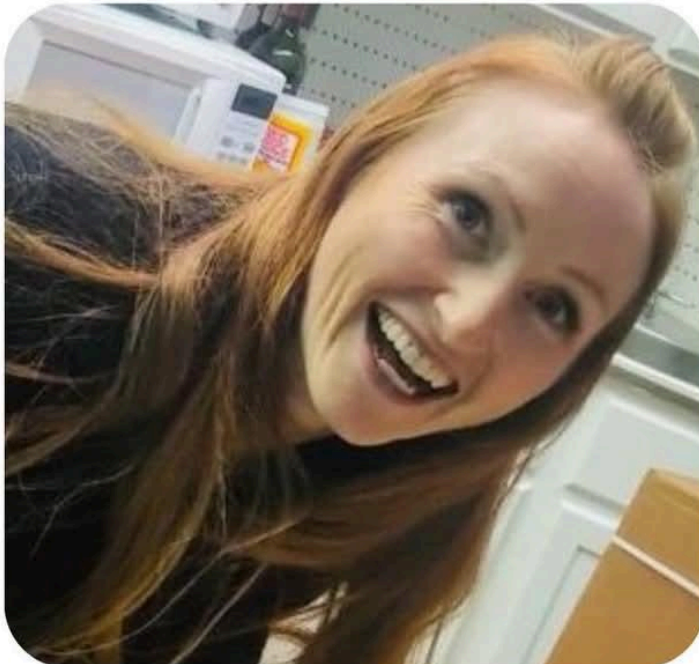
Call for **donations to the Silent Auction**. This is one of the annual fundraisers that we do at camp and these funds help immensely to the operations of camp.

Can't think of anything? ***Bring a gift card (or lots of gift cards!)***

If you have any items to donate, please reach out to Charlene Lipchen char.lipchen@gmail.com (South) or Jen Whalen jen_whalen@shaw.ca (North).

Condolences

With heavy hearts, we mourn the passing of camp family members....



It is with deep sadness that we announce the passing of Christina Lynn Mazur, 39, on Thursday, September 19, 2024, in Okotoks, Alberta. She loved attending camp with her family and volunteered as an instructor several times.

Condolences

Dean Kelly will be forever remembered for his love of camp. He especially loved dance, and quietly set a great example for his fellow campers.

Donations to the Dean Kelly Memorial Award will be accepted soon, watch for details.



Condolences



Roger Bruce was proud of his Norwegian heritage and in his retirement, Roger was a member of multiple clubs, societies, and programs, including being involved with Trollauagen as camp director. He continued to be active in these clubs until his passing.

Fun Stuff
Joke Time!

Q: Why did the Norwegian crawl on the floor through the supermarket?

A: Because they're looking for the low prices.

Save the Date - Sons of Norway Sports Weekend
Red Deer, June 13-15, 2025.

Recipe:
Brunost Cheese

* from the Trollhaugen Cookbook 2019

Translated it means 'Brown Cheese' also called mysost (whey cheese) in other parts of the world. Brunost is primarily produced and consumed in Norway. Is it regarded as one of the country's most iconic foodstuffs, and is considered an important part of Norwegian gastronomical and cultural identity and heritage.

Ingredients:

4 L whey
1 pint of good heavy cream

Directions:

1. Put the whey into a large pot and simmer down to about 1-2" from bottom. It should resemble melted caramel.
2. Add Cream. Simmer for a while longer.
3. Stir constantly while it is cooling. Put into mold
4. Leave in the fridge overnight.

If you have tried any of our newsletter recipes, please send us a photo and review! We may include it in future newsletters! trollhaugencamp@gmail.com

Feel free to submit a recipe you would love to share with the Trollhaugen family.