



SOLSYD LODGE No. 603 Zone 4 Lethbridge, Alberta

KALENDER

November 20: Speaker from Galt Museum at 5:15. Dinner at 6:00 with meeting to follow.

December 11: Christmas Dinner & Entertainment

Bring your own plates, cups & utensils.



SILENT AUCTION

Tusen takk to all those who made the October 16th meeting a success. Above are some of the donated articles for the silent auction. The sum of \$806.45 was raised that evening and has been sent to the Sons of Norway Foundation in Canada.



Gratulerer Med Dagen

Birthday Wishes To:

November: Fern Heinen, Bev Jestin, Kris Johnston, Lyle Lambert

December: Harold Hamre, Myrna Orsten, Nancy Pohn

The 2025 Norwegian Calendars will be available at our November meeting. The cost will be \$20.00 per calendar for those who ordered them. If you would like yours earlier than the meeting, you can pick your order up at Lyle and Betty's house. Phone 403-329-1738



For members that are interested, Andrew Chernevych from the Galt Museum, will be a guest speaker at our November meeting to give a talk on archives. He will be working on the archives for our Lodge. Please be at the hall by 5:15 to meet him and to hear him speak on this subject.

PRESIDENT'S MESSAGE

Wow, I can hardly believe it is November already and another year has slipped by so quickly. It has been an amazing fall season with above average temperatures, a glorious fall colour display and spectacular aurora in our northern night skies.

In October, our Canadian Sons of Norway Foundation silent auction fundraiser was a huge success thanks to the efforts of member organizers Edith Olsen, Magna Goerke and Marilyn Christie. And a big tusen takk to Solsyd members for contributing items and purchasing the donated articles.

We will need to decide at our November business meeting which community outreach group to support with our Christmas givings. In the past, we have donated nonperishable food and money to **Wood's Homes, Harbor House**, the **Interfaith Foodbank**, and last year it was personal care products for the "**Blessing Bag**" unhoused person's project. One year, we bought lots of socks for **Streets Alive** foot clinic clients and others in need and then there is a **Food for Thought** program in support of food insecure students at the University of Lethbridge. Keep in mind that our Christmas gathering will be December 11th, the second Wednesday of the month.

We also need to be thinking about Red Deer's Aspelund Lodge invitation to attend the 2025 Sons of Norway Sports and Cultural weekend June 13-15. Tami Murdock, Lodge Chair and Robert Brewer, Cultural Chair, are asking for our input as to which **activities** we would like to see offered for a Saturday filled with arts and culture. We will choose activities at the November meeting among them: Norwegian Whist, railroad dominoes, shuffleboard, and then there is a nature/ birding walk, lawn bowling, croquet, horseshoes, cornhole toss, Kubb, Bocce ball, golf and axe throwing. If your favourite activity is not among those listed, we are asked to add to the list. There is a banquet and entertainment on the Saturday evening. The plan for Sunday is a tour of the Central Alberta "Scandinavian Trail." A block of rooms has been reserved at the local Casino at \$139 plus taxes per night.

Perhaps you could mark the Red Deer Sports and Cultural weekend dates on your **calendar** when you pick it up from Lyle (\$20 each again this year.)

Solsyd Lodge # 4-603 was installed in November of 1986, thirty-eight years ago this month. There will be a display of the archival material we have gathered and which is destined for the Galt Museum after our meeting on the 20th. **Andrew from the Galt Museum**, has volunteered to speak with our group starting at **5:15 PM** about all things archival so please plan to come to the meeting early.

November is also the month we nominate members for our 2025 executive/officer positions.

Thank you and appreciation for all those who help pull our gatherings together: Alfred and Millie who also bring the big tub of things needed for each meeting, Candis who coordinates the signing-in table, Carolyn who organizes the 50/50, Helga who makes the coffee and organizes the kitchen and to those who serve the meal and clean up. We do need 4 volunteers to serve and clean up after meals on November 20th and December 11th. Please remember to bring your own eating utensils. Congratulations on reducing waste!

God Jul!

Sharon.

Bærums Verk – Haunted by History

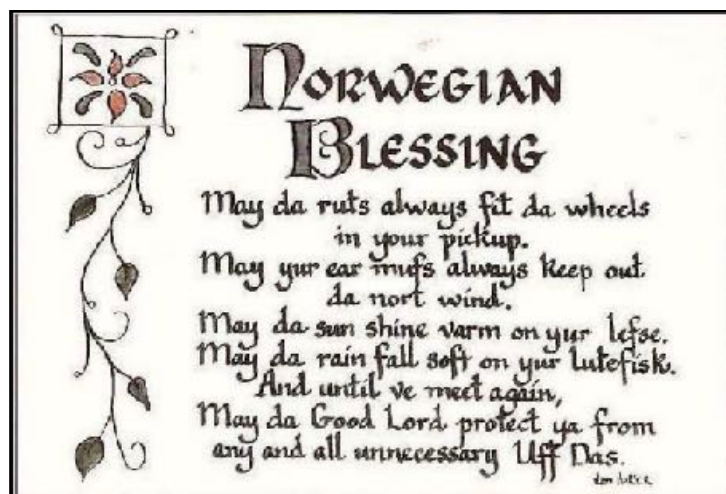
In the western suburbs of Oslo, the historic village of Bærums Verk straddles the cascading Loma River. Many buildings here date back to the iron works which were established here in 1640. Throughout the centuries, its dedicated workforce has manufactured everything from salad forks to lighthouses. Today, the site has been reimagined as a center for arts and crafts, with over 50 shops and galleries. About 80,000 people live and work here, but at least two of the town's most dedicated workers aren't alive at all, giving Bærums Verk the reputation as the most haunted village in Norway.

In 1712, Anna Krefting was 29 years old and pregnant with her seventh child when her husband Herman passed away. He left Anna the iron works at Bærums Verk and she spent the next 54 years of her life diligently managing the place. When she was 79 years old, the main building was devastated by a massive fire, so she came out of retirement to supervise its reconstruction. During her tenure, the iron works became the largest of its kind in Norway.

Despite dying in 1766 at the age of 86, you might still run into Anna Krefting today. She oversees the oldest restaurant in Norway, Værtshuset, built in 1641 as the village pub. Krefting is typically encountered leisurely floating around upstairs, dressed all in green. Is she keeping an eye on the staff or just ensuring that the place doesn't catch on fire?

In 1773, the iron works were inherited by Conrad Clauson. The 18-year-old immediately invested in cutting-edge technology, enabling the blast furnace to be operated year-round. Clauson started a side-line in charcoal manufacturing, adding jobs to the village. He also expanded the elementary school which Anna Krefting had founded.

Today, Clausen's home and the foundry itself have been renovated into a large shopping complex. Each night at 12:15, the phone in the main office rings. The phone company has traced the origin of the signal to a certain break room, the room where Conrad was sleeping when he died at the young age of 31 in 1785. Perhaps he still has some new ideas to share.



SIRUPSNIPPER (SYRUP COOKIES)

9 Tbsp. cream
1/2 Cup + 2 1/2 Tbsp. syrup
1/2 Cup + 2 1/2 Tbsp. sugar
7 Tbsp. butter
2 cups flour
1/4 tsp. pepper
1/4 tsp. ginger
1/4 tsp. anise
1/4 tsp. cinnamon
3/4 tsp. baking powder
3/4 tsp. baking soda
almonds, blanched, for decorating



Boil cream, syrup, and sugar together. Stir in butter and let mixture cool until lukewarm.

Combine flour, pepper, ginger, anise, cinnamon, baking powder and baking soda. Whisk together the dry ingredients.

Sift in dry ingredients and knead the dough to mix thoroughly. Chill overnight.

Roll dough out as thin as possible and cut diagonal lines to make diamond shapes.

Lay sirupsnipper on a greased baking sheet. Place half a blanched almond on each cookie. For a shiny finish, brush cookies with egg white. Bake at 350°F for 5 minutes.

